

## Teambuilding concepts



### Original UH

Happy guests since 2006

Time: 1.5-3 h  
Participants: 4-150

Here the big group is divided into teams of 4-5 persons. "Original UH" is a friendly game where the winning team is the one collecting most points.

All teams have access to all 40 rooms. It's a buffet of activities where each team chooses which challenges they wish to have a go at. How many rooms a team will try depends both on the total time of the game and their strategy.

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### Beat the House

Towards a common goal!

Time: ca 3-3,5 h  
Participants: 10-25

Coffee & tea is included

Many new faces in the office? '50/50' is perfect for establishing new contacts and boost the interaction between the participants.

We split the game in 2 heats and the house in 2 fields, with new teams and new acquaintances in each heat. Perfect for breaking up internal group structures or getting to know the colleagues you rarely get to meet.

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### 50/50

Let's mix things up!

Time: 3 h  
Participants: 20-50

Coffee & cake included

Many new faces in the company? '50/50' is perfect for establishing new contacts and boost the interaction between the participants.

We split the game in 2 heats and the house in 2 fields. New teams and new acquaintances in each heat. Perfect for breaking up internal group structures or getting to know the colleagues you rarely get to meet.

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### Focus Play

What is your focus?

Time: 1.5-2,5 h  
Participants: 4-40

Do you wish to boost the communication, the leadership or the proactive thinking in the team? Choose your focus area!

We offer 40 unique challenges in a variety of areas. Here we make sure that you face the challenges that suit your purpose the best. Time in the activities is mixed up with pep talk and guidance from one of our coaches to get the most out of your visit.

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### Battle of Divisions

Healthy competitive spirit!

Time: 2-3 h  
Participants: 10-150

Boost the healthy competitive spirit at your work place! This game gives 2 offices or departments in the same company a chance to challenge each other.

This concept was invented by earlier guests with the desire to increase the cohesion of their department while they got the chance to beat their colleagues. Be prepared for a fast-paced game and tough competitive spirit!